

Dumplings

1 cup flour

½ teaspoon salt

1 ¼ teaspoon baking powder

1 egg

¼ to ½ cup milk

May add parsley or onion tops.

Drop by the teaspoon into stew or broth. Cook 10 minutes un-covered and 10 minutes covered.

Makes 15 dumplings.

These are good in my Beef in Brew recipe.