Buttermilk Pancakes

1 ¼ cup flour

- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- ½ teaspoon salt
- 1 tablespoon sugar
- 1 beaten egg
- 1 cup buttermilk
- 2 tablespoons melted shortening or oil

Makes 5-7 pancakes